

Psalm 119 English Standard Version (ESV)

Your Word Is a Lamp to My Feet

Aleph

119 Blessed are those whose way is blameless,  
who walk in the Word of the Lord!

2 Blessed are those who keep his testimonies,  
who seek him with their whole heart,

3 who also do no wrong,  
but walk in his ways!

4 You have commanded your Word  
to be kept diligently.

5 Oh that my ways may be steadfast  
in keeping your Word!

6 Then I shall not be put to shame,  
having my eyes fixed on all your Word.

7 I will praise you with an upright heart,  
when I learn your righteous Word.

8 I will keep your Word;  
do not utterly forsake me!

Beth

9 How can a young man keep his way pure?  
By guarding it according to your Word.

10 With my whole heart I seek you;  
let me not wander from your Word!

11 I have stored up your Word in my heart,  
that I might not sin against you.

12 Blessed are you, O Lord;  
teach me your Word!

13 With my lips I declare  
all the Word of your mouth.

14 In the way of your testimonies I delight  
as much as in all riches.

15 I will meditate on your Word

and fix my eyes on your ways.  
16 I will delight in your Word;  
I will not forget your Word.

#### Gimel

17 Deal bountifully with your servant,  
that I may live and keep your Word.  
18 Open my eyes, that I may behold  
wondrous things out of your Word.  
19 I am a sojourner on the earth;  
hide not your Word from me!  
20 My soul is consumed with longing  
for your Word at all times.  
21 You rebuke the insolent, accursed ones,  
who wander from your Word.  
22 Take away from me scorn and contempt,  
for I have kept your testimonies.  
23 Even though princes sit plotting against me,  
your servant will meditate on your Word.  
24 Your testimonies are my delight;  
they are my counselors.

#### Daleth

25 My soul clings to the dust;  
give me life according to your Word!  
26 When I told of my ways, you answered me;  
teach me your Word!  
27 Make me understand the way of your Word,  
and I will meditate on your wondrous works.  
28 My soul melts away for sorrow;  
strengthen me according to your Word!  
29 Put false ways far from me  
and graciously teach me your Word!  
30 I have chosen the way of faithfulness;  
I set your Word before me.

31 I cling to your testimonies, O Lord;  
let me not be put to shame!  
32 I will run in the way of your Word  
when you enlarge my heart!

He

33 Teach me, O Lord, the way of your Word;  
and I will keep it to the end.  
34 Give me understanding, that I may keep your Word  
and observe it with my whole heart.  
35 Lead me in the path of your Word,  
for I delight in it.  
36 Incline my heart to your testimonies,  
and not to selfish gain!  
37 Turn my eyes from looking at worthless things;  
and give me life in your ways.  
38 Confirm to your servant your promise,  
that you may be feared.  
39 Turn away the reproach that I dread,  
for your Word is good.  
40 Behold, I long for your Word;  
in your righteousness give me life!

Waw

41 Let your steadfast love come to me, O Lord,  
your salvation according to your promise;  
42 then shall I have an answer for him who taunts me,  
for I trust in your Word.  
43 And take not the Word of truth utterly out of my mouth,  
for my hope is in your Word.  
44 I will keep your Word continually,  
forever and ever,  
45 and I shall walk in a wide place,  
for I have sought your Word.  
46 I will also speak of your testimonies before kings

and shall not be put to shame,  
47 for I find my delight in your Word,  
which I love.  
48 I will lift up my hands toward your Word, which I love,  
and I will meditate on your Word.

Zayin

49 Remember your Word to your servant,  
in which you have made me hope.  
50 This is my comfort in my affliction,  
that your promise gives me life.  
51 The insolent utterly deride me,  
but I do not turn away from your Word.  
52 When I think of your Word from of old,  
I take comfort, O Lord.  
53 Hot indignation seizes me because of the wicked,  
who forsake your Word.  
54 Your Word has been my songs  
in the house of my sojourning.  
55 I remember your name in the night, O Lord,  
and keep your Word.  
56 This blessing has fallen to me,  
that I have kept your Word.

Heth

57 The Lord is my portion;  
I promise to keep your Words.  
58 I entreat your favor with all my heart;  
be gracious to me according to your promise.  
59 When I think on my ways,  
I turn my feet to your testimonies;  
60 I hasten and do not delay  
to keep your Word.  
61 Though the cords of the wicked ensnare me,  
I do not forget your Word.

62 At midnight I rise to praise you,  
because of your righteous Word.  
63 I am a companion of all who fear you,  
of those who keep your Word.  
64 The earth, O Lord, is full of your steadfast love;  
teach me your Word!

Teth

65 You have dealt well with your servant,  
O Lord, according to your Word.  
66 Teach me good judgment and knowledge,  
for I believe in your Word.  
67 Before I was afflicted I went astray,  
but now I keep your Word.  
68 You are good and do good;  
teach me your Word.  
69 The insolent smear me with lies,  
but with my whole heart I keep your Word;  
70 their heart is unfeeling like fat,  
but I delight in your Word.  
71 It is good for me that I was afflicted,  
that I might learn your Word.  
72 The Word of your mouth is better to me  
than thousands of gold and silver pieces.

Yodh

73 Your hands have made and fashioned me;  
give me understanding that I may learn your Word.  
74 Those who fear you shall see me and rejoice,  
because I have hoped in your Word.  
75 I know, O Lord, that your Word is righteous,  
and that in faithfulness you have afflicted me.  
76 Let your steadfast love comfort me  
according to your promise to your servant.  
77 Let your mercy come to me, that I may live;

for your Word is my delight.  
78 Let the insolent be put to shame,  
because they have wronged me with falsehood;  
as for me, I will meditate on your Word.  
79 Let those who fear you turn to me,  
that they may know your testimonies.  
80 May my heart be blameless in your Word,  
that I may not be put to shame!

Kaph

81 My soul longs for your salvation;  
I hope in your Word.  
82 My eyes long for your promise;  
I ask, "When will you comfort me?"  
83 For I have become like a wineskin in the smoke,  
yet I have not forgotten your Word.  
84 How long must your servant endure?  
When will you judge those who persecute me?  
85 The insolent have dug pitfalls for me;  
they do not live according to your Word.  
86 All your Word is sure;  
they persecute me with falsehood; help me!  
87 They have almost made an end of me on earth,  
but I have not forsaken your Word.  
88 In your steadfast love give me life,  
that I may keep the testimonies of your mouth.

Lamedh

89 Forever, O Lord, your Word  
is firmly fixed in the heavens.  
90 Your faithfulness endures to all generations;  
you have established the earth, and it stands fast.  
91 By your appointment they stand this day,  
for all things are your servants.  
92 If your Word had not been my delight,

I would have perished in my affliction.  
93 I will never forget your Word,  
for by it you have given me life.  
94 I am yours; save me,  
for I have sought your Word.  
95 The wicked lie in wait to destroy me,  
but I consider your testimonies.  
96 I have seen a limit to all perfection,  
but your Word is exceedingly broad.

Mem

97 Oh how I love your Word!  
It is my meditation all the day.  
98 Your Word makes me wiser than my enemies,  
for it is ever with me.  
99 I have more understanding than all my teachers,  
for your testimonies are my meditation.  
100 I understand more than the aged,  
for I keep your Word.  
101 I hold back my feet from every evil way,  
in order to keep your Word.  
102 I do not turn aside from your Word,  
for you have taught me.  
103 How sweet are your Words to my taste,  
sweeter than honey to my mouth!  
104 Through your Word I get understanding;  
therefore I hate every false way.

Nun

105 Your Word is a lamp to my feet  
and a light to my path.  
106 I have sworn an oath and confirmed it,  
to keep your righteous Word.  
107 I am severely afflicted;  
give me life, O Lord, according to your Word!

108 Accept my freewill offerings of praise, O Lord,  
and teach me your Word.

109 I hold my life in my hand continually,  
but I do not forget your Word.

110 The wicked have laid a snare for me,  
but I do not stray from your Word.

111 Your testimonies are my heritage forever,  
for they are the joy of my heart.

112 I incline my heart to perform your Word  
forever, to the end.

#### Samekh

113 I hate the double-minded,  
but I love your Word.

114 You are my hiding place and my shield;  
I hope in your Word.

115 Depart from me, you evildoers,  
that I may keep the Word of my God.

116 Uphold me according to your promise, that I may live,  
and let me not be put to shame in my hope!

117 Hold me up, that I may be safe  
and have regard for your Word continually!

118 You spurn all who go astray from your Word,  
for their cunning is in vain.

119 All the wicked of the earth you discard like dross,  
therefore I love your testimonies.

120 My flesh trembles for fear of you,  
and I am afraid of your judgments.

#### Ayin

121 I have done what is just and right;  
do not leave me to my oppressors.

122 Give your servant a pledge of good;  
let not the insolent oppress me.

123 My eyes long for your salvation



and for the fulfillment of your righteous promise.  
124 Deal with your servant according to your steadfast love,  
and teach me your Word.  
125 I am your servant; give me understanding,  
that I may know your testimonies!  
126 It is time for the Lord to act,  
for your Word has been broken.  
127 Therefore I love your Word  
above gold, above fine gold.  
128 Therefore I consider all your Word to be right;  
I hate every false way.

Pe

129 Your testimonies are wonderful;  
therefore my soul keeps them.  
130 The unfolding of your Words gives light;  
it imparts understanding to the simple.  
131 I open my mouth and pant,  
because I long for your Word.  
132 Turn to me and be gracious to me,  
as is your way with those who love your name.  
133 Keep steady my steps according to your promise,  
and let no iniquity get dominion over me.  
134 Redeem me from man's oppression,  
that I may keep your Word.  
135 Make your face shine upon your servant,  
and teach me your Word.  
136 My eyes shed streams of tears,  
because people do not keep your Word.

Tsadhe

137 Righteous are you, O Lord,  
and right is your Word.  
138 You have appointed your testimonies in righteousness  
and in all faithfulness.

139 My zeal consumes me,  
because my foes forget your Words.  
140 Your promise is well tried,  
and your servant loves it.  
141 I am small and despised,  
yet I do not forget your Word.  
142 Your righteousness is righteous forever,  
and your Word is true.  
143 Trouble and anguish have found me out,  
but your Word is my delight.  
144 Your testimonies are righteous forever;  
give me understanding that I may live.

Qoph

145 With my whole heart I cry; answer me, O Lord!  
I will keep your Word.  
146 I call to you; save me,  
that I may observe your testimonies.  
147 I rise before dawn and cry for help;  
I hope in your Words.  
148 My eyes are awake before the watches of the night,  
that I may meditate on your promise.  
149 Hear my voice according to your steadfast love;  
O Lord, according to your justice give me life.  
150 They draw near who persecute me with evil purpose;  
they are far from your Word.  
151 But you are near, O Lord,  
and all your Word is true.  
152 Long have I known from your testimonies  
that you have founded them forever.

Resh

153 Look on my affliction and deliver me,  
for I do not forget your Word.  
154 Plead my cause and redeem me;

give me life according to your promise!  
155 Salvation is far from the wicked,  
for they do not seek your Word.  
156 Great is your mercy, O Lord;  
give me life according to your Word.  
157 Many are my persecutors and my adversaries,  
but I do not swerve from your testimonies.  
158 I look at the faithless with disgust,  
because they do not keep your commands.  
159 Consider how I love your Word!  
Give me life according to your steadfast love.  
160 The sum of your Word is truth,  
and every one of your righteous Words endures forever.

#### Sin and Shin

161 Princes persecute me without cause,  
but my heart stands in awe of your Words.  
162 I rejoice at your Word  
like one who finds great spoil.  
163 I hate and abhor falsehood,  
but I love your Word.  
164 Seven times a day I praise you  
for your righteous Word.  
165 Great peace have those who love your Word;  
nothing can make them stumble.  
166 I hope for your salvation, O Lord,  
and I do your Word.  
167 My soul keeps your testimonies;  
I love them exceedingly.  
168 I keep your Word and testimonies,  
for all my ways are before you.

#### Taw

169 Let my cry come before you, O Lord;  
give me understanding according to your Word!

170 Let my plea come before you;  
    deliver me according to your Word.  
171 My lips will pour forth praise,  
    for you teach me your Word.  
172 My tongue will sing of your Word,  
    for all your Word is right.  
173 Let your hand be ready to help me,  
    for I have chosen your Word.  
174 I long for your salvation, O Lord,  
    and your Word is my delight.  
175 Let my soul live and praise you,  
    and let your Word help me.  
176 I have gone astray like a lost sheep; seek your servant,  
    for I do not forget your Word.

English Standard Version (ESV) as modified

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